

ACTIVITY REPORT 2020





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¹Credit Institute for Reconstruction

WELCOME TO THE ACTIVITY REPORT FOR 2020

Humana People to People Foundation (the Foundation) was registered in 2013 in Switzerland. It was founded by the Federation for Associations connected to the International Humana People to People (FAIHPP) movement and contributes to worldwide social development projects and activities, in particular HPP programmes and projects.

Assistance is provided in four key areas: emergency and disaster relief, social and development programming, protecting the natural habitat, and research and innovation.

In this Activity Report for 2020, we share insights, highlights and results around five development projects in the Foundation's activity areas in the global south.

The Foundation distributed grants totaling US\$275 000 to support development projects in South Africa, India, and the United Kingdom-based organization TB Alert. Activities focused on two areas: promoting health and fighting disease, and harnessing community development. The grants complemented funds from other partners, contributing to increased activities and positively impacting lives in the global south.

We thank the projects for working with us to reach our goal of creating long-term positive impact, and appreciate how the project staff was able to carry on while addressing the challenges they faced due to COVID-19 pandemic. We will continue to work closely with communities, engaging in low-cost development concepts that can be taken to scale to achieve transformational change, in line with the universal United Nations (UN) 2030 Sustainable Development Goals (SDG) agenda.

With best wishes from the Committee of Humana People to People Foundation

Annemette Møller

Jesper Wohlert

Lise-Lotte Sørensen

James Klein (until December 2020)

Lotte Løffler

Peter Rupf (from November 2020)

HEALTH: fighting HIV, preventing TB and promoting health

During 2020, we assisted three projects in fighting HIV, TB prevention and health promotion with a total of 175,000 USD.

Two of the projects used a broad-based community approach in engaging with the poorest, excluded groups and vulnerable communities, as well as adolescent girls and young women. Their activities equipped communities with capacity to take appropriate informed decisions preventing further spread of HIV and TB. Their activities targeted breaking down stigma, better recognition of symptoms, adoption of measures to live positively, setting-up of home-based support structures and behavior change.

The third project supported the ongoing global effort to fight TB by producing a field manual to caregivers and others who must provide psychosocial counselling support to people who suffer from the often harsh treatments for TB.

The COVID-19 pandemic demonstrated that health is not only an outcome of development: it is also a pre-requisite for social, economic and political stability. During 2020, it affected the HIV and TB response.

The shift of health system resources to focus on COVID-19 and national lockdowns severely affected HIV and TB treatment and prevention services, including interrupting care and increasing obstacles to accessing treatment, clinical services and psychosocial support. Although major achievements have been gained globally in fighting HIV and TB, other gaps stand in the way of meeting the universal targets set for the next decade – the 2030 SDGs. Global progress towards ending AIDS as a public health threat by 2030 was already off track before the COVID-19 outbreak. Now this crisis has the potential to blow the momentum even further off course.

The UNAIDS report for 2019 shows that of the 38 million people living with HIV, 25.4 million people are now on treatment. That means 12.6 million people are not. In sub-Saharan Africa, young women and adolescent girls accounted for one in four new infections in 2019, despite making up about 10% of the population.

Globally, an estimated 10 million people fell ill with TB in 2019. There were an estimated 1.2 million TB deaths among HIV-negative people in 2019, and an additional 208 000 deaths among HIV-positive people. The most people who developed TB in 2019 were in the regions of South-East Asia and Africa having 44% and 25% respectively - WHO.



1

TB Alert in the UK:

Development and publication of a field manual titled: Psychosocial counselling and treatment adherence support for people with tuberculosis.

TB Alert is a national TB charity in the UK that focuses on TB both in the UK and in the global south. In 2020, TB Alert UK received US\$30 000 grant to support the development of a field manual for psychosocial support and counseling for tuberculosis patients.

The new technical manual resource is a valuable user-friendly tool that can work as a qualitative guide for healthcare workers, governments and non-governmental organisations, programme managers and peer workers, who give psychosocial support and counseling to tuberculosis patients.

The guide is co-authored by TB Alert's International Programme Director Sameer Sah and Dr. Gill Craig, a psychologist with extensive experience of TB, and made possible with the funds from Humana People to People Foundation.

The development has been supported by an international reference group comprising TB survivors, members of multilateral organisations, TB activists, academia, researchers and representatives of civil society organisations working with various TB key populations.

It was launched online in March 2021 and can be accessed at <https://www.tbalert.org>, free of charge for all who wish to use it.

The pioneering guide addresses critical gaps in TB care and control by focusing on overcoming the psychological, social and economic factors that prevent people from accessing diagnosis, adhering to care plans and successfully completing treatment. As such, the manual fulfills a huge knowledge gap among healthcare providers that is vital to achieve quality treatment outcomes for people with TB. It encourages and supports policy makers to incorporate and promote psychosocial support as an integral part of all TB programmes around the globe.

Therapy today for tuberculosis and drug-resistant TB is fully oral, more effective and safer. However, success will not be complete unless we address the psychological and socioeconomic needs of people affected by TB.

This manual targets all providers of psychosocial support to act as one multidisciplinary team in pathways that improve outcomes and inspire decision makers to set aside resources to introduce new models of care for old problems.

Dr Askar Yedilbayev, TB Team Lead, WHO Regional Office for Europe

Tuberculosis is curable if the medications, which are often unpleasant, are taken daily and uninterrupted over a course lasting six to 24 months. This pioneering manual provides the tools to support affected individuals to complete this daunting and difficult journey.

While it will be useful for clinicians, programme managers and policy makers, I feel the manual's primary target is the trained health worker, social worker and care worker who, together with their patient, can translate the guidance into practice.

Professor Antony Harries, Senior advisor with The International Union Against Tuberculosis and Lung Disease



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SOUTH AFRICA | TCE preventing HIV in vulnerable populations (PHVP)

In 2020, Humana People to People South Africa (HPP South Africa) received US\$100 000 from the Foundation for its HIV project, named TCE - Preventing HIV in vulnerable populations. The grant complemented funds from USAID as the main partner. The project was implemented, through close co-operation with the Ministry of Health, in Gert Sibande and Ehlanzeni districts and three sub districts in Mpumalanga, South Africa. It started in 2018 and ended in December 2020.

South Africa is home to almost one-fifth of people living with HIV worldwide and has an HIV prevalence rate of 20.4 per cent among adults (15-19 years). The TCE project worked with people who are still missing to be tested to know their HIV status, assist those found HIV positive to receive treatment and support those on treatment to adhere to their treatment.

Migrant and mobile populations' health is compromised due to their status of being illegal immigrants. When facing health challenges they are expected to produce identification documents to enable them to receive treatment, and when they cannot provide this, they are not getting needed treatment and care. TCE Mobile and Migrant project has built the capacity and equipped the enrolled with HIV preventive messages, Sexually Transmitted Infections (STI's), TB, Gender-Based Violence and enabling migrants to directly access health care services in South Africa.

The project opened opportunities to migrant and mobile populations to know their HIV status and initiated treatment and care. Migrants are now in a better position to identify HIV cases and to prevent new HIV infections by adopting behavioural change.

Below are some of the achievements of the project in 2020:

- 10 311 migrants recruited
- 10 101 Stepping Stones migrants in clubs
- 600 Stepping Stone clubs
- 1 287 Stepping Stones migrants were tested for HIV
- 30 Stepping Stone migrants tested HIV positive
- 21 Stepping Stones HIV+ successfully linked and initiated
- 10 Stepping Stones migrants linked for GBV
- 9 Stepping Stones migrants successfully linked to access GBV services
- 77 080 condoms distributed

The Stepping Stones is an HIV prevention programme, that gives life skills training interventions that was found to be effective at curbing physical and sexual intimate partner violence among male and female 15- to 26-year-olds.



3

SOUTH AFRICA

Total Control of the Epidemic Kreditanstalt für Wiederaufbau (KfW) - Fighting HIV and AIDS, TB and non-communicable diseases such as diabetes and hypertension

In 2020, HPP South Africa received US\$45 000 from the Foundation, for the TCE KfW Project which ended in June 2020 with positive impact after three years of implementation in Eastern Cape Province of South Africa. The grant complemented funds from Kreditanstalt für Wiederaufbau, the main donor.

The objective of the programme was to expand HIV Testing Services, screening for TB and STI's, hypertension and diabetes among young people between the ages 15-24 years and males 15-49 years, families and communities with high HIV prevalence. In 2020, the project intensified its efforts to reach its targets by employing and training 40 additional Field Officers. This meant that the project ended up exceeding several targets planned for 2020.

50 490 individuals went through targeted home based, index patient testing, mobile, and workplace HIV testing modalities. The project surpassed the targets by 46% with 1 675 testing HIV positive, who were also screened for TB. 82% of the 90% were linked to antiretroviral therapy (ART) treatment and care by end of June 2020.

During its three-year lifespan, TCE KfW has positively impacted the people it engaged as there has been an increase in the number of youths 15-24 years as well as males of the age range 15-49 years knowing their HIV status and accessing ART treatment for those found HIV+. There has been a decrease in new Sexually Transmitted Infections (STI) among the pregnant women, a confirmation of an increase in uptake preventative contraceptive methods.

There has been a positive change in attitudes on sexual behaviour among youth of the age range 15-24 years. Improved referral and linkage system, especially for youth friendly and oriented services was supported by the presence of community-based structures, which have capacity to carry out project activities. The activities complemented government efforts in increased uptake of HIV testing services, and the future expectation is that this will have a lasting impact.



COMMUNITY DEVELOPMENT

The Foundation supports activities, which seek to strengthen communities, support families, and improve children's lives.

The community development projects that were supported in 2020 take their point of departure in existing formal and informal group structures and strive to enhance or revive the way they work. The groups can be used as a forum or coordinating mechanism to steer community-based actions, upon which people identify challenges, hold discussions, plan common tasks, acquire new knowledge and find and implement solutions together. Through shared activities, the groups improve life in many ways: they create food security, promote good health, solve basic water and sanitation problems, create better educational conditions and organise care for the sick or for children in difficult situations.

The World Bank 2020 indicates that incorporating the effects of the COVID-19 pandemic, an additional 88 million to 115 million people will be pushed into extreme poverty, bringing the total to between 703 and 729 million the world over. Women are the majority of the poor due to cultural norms and values, gendered division of assets, and power dynamics between men and women.

These facts put the necessity of continued support for community development into a wider perspective.

We are proud to present the two examples of community development below from India. They have both managed to find a way to carry out their activities in a safe manner despite the COVID-19 pandemic, which has and still is harassing the Indian society.

The UN SDG 1 is about ending extreme poverty by 2030. It calls for the inclusion of all the affected youth, women and children in fighting poverty. It is estimated that one out of five children live in extreme poverty, and the negative effects of poverty and deprivation in the early years have far reaching effects that can last a lifetime.



1

INDIA

Programme support for community development projects

In 2020, Humana People to People (HPPI) India received US\$25 000 to implement the Community Development Programme, and complement funds from Havells India Pvt. Ltd, HERO MotoCorp Ltd., Johnson & Johnson and other corporate partners. The overall aim of the programme is to transform the social and economic status of families by implementing initiatives responding to education, family economy, health, environmental protection and women empowerment. The programme was implemented in 11 states of India in 2020.

Young girls and women's effective participation in development creation has been hindered by cultural and traditional norms and barriers. The Community Development Programme seeks to give women an opportunity to take an integral role by actively engaging themselves in the development process. The integrated approach has assisted women to achieve success in education, health, entrepreneurship, climate actions among others for the many years that the programme has been in operation.

The COVID-19 pandemic resulted in a national lockdown, and all HPPI's field activities were closed down from March to June, which affected the plans for the year, and some of the activities were underachieved. On the other hand, the staff at HPPI and the people from the projects found many solutions to address the impact of the pandemic, including providing relief aid to those who were affected in their areas of operation.

A remarkable achievement was seen in the field of functional/basic literacy, as a total of 23 226 women and adolescent girls are now able to read and write their names, understand different general mathematical and language-related concepts and are able to do some basic calculations.

Below are some of the achievements in the year 2020:

- 3 067 women were organised in groups
- 31 190 women/men/youth received entrepreneurship/ skill training
- 23 226 women/adolescents were enrolled in the basic literacy classes
- 1 551 people were linked to Government schemes and services
- 2 945 women/youth got employment/started/expanded income generating activities
- 99 kitchen gardens were established
- 79 872 trees were planted
- 1 591 women were trained in financial literacy
- 20 768 people benefitted from Health Camps/Eye Camps



In 2020 HPPI received US\$75 000 for the Tejaswini project in the State of Jharkland in Zone 2 and Zone 4. It started in 2019 and is planned to run until July 2022. The grant from the Foundation complements funds from Jharkhand Women Development Society as the main donor.

The Tejaswini project is building capacity among Adolescent Girls and Young Women (AGYW) in order to delay the onset of marriage and child birth. It aims at assisting girls to become confident, assertive, face challenges in own life through taking part in meetings, organizing community actions which assist in breaking existing challenges and barriers women and girls face. The project engages girls and women of 14-24 years of age.

The Tejaswini project supports girls and young women, who are crucial for development and growth of a society to contribute towards promotion of good health, taking part in informal and formal education fighting gender inequality, including reducing economic imbalances.

In Jharkhand, more than 65% of women in the age group of 15-49 years are anemic, only 68% of girls are enrolled in middle schools, while only 44% are enrolled in high school. The rate of child marriage is an alarming 38%, which is among the highest in India; this also leads to child bearing at a very young age for AGYW.

The new understandings of early child marriage and pregnancy, maternal mortality, trafficking of women, or gender-based violence enabled many women to take a stand, speak up and assist each other. AGYW have started overcoming cultural barriers and shyness, and gained more confidence to face the world.

Below are some of the achievements in the year 2020:

- 4 318 Tejaswini Clubs were formed.
- 363 432 young women registered in Tejaswini Clubs
- 331 655 young women completed life skill trainings
- 3 826 Tejaswini Libraries
- 47 595 Tejaswini nutri-gardens
- 3 770 Tejaswini Sanitary Pad Banks



Case Study 1 | Community Development

Abhinav Mishra is currently studying in the 11th class. His family are migrants from Bihar, constituting four members, his parents and a sister. Abhinav's father earnings barely sustains the family needs thus, his wife has to engage in other menial jobs to make ends meet.



"I wanted to learn to use computers but in all the institutes where I initially enquired, the fees were quite high and my parents could not have afford it. Learning computers remained a distant dream until I got to know about the Digital Education Programme centre in Karan Kunj."

The computer skills center run by Humana People to People India gives an opportunity to the marginalised communities to access and acquire basic computer literacy skills. Many children, youths and women are afforded a chance to operate a computer at no cost.

"I got enrolled for the course and now I have learned the basics of computer literacy. I am able to use the MS Paint Tool and work on MS Word and PowerPoint with ease. Besides, we were also made aware of our environment, effects of global warming and climate change through video sessions."

Abhinav has developed over the past few months, his overall personality has improved with notable change in his English-speaking skills and he gained confidence to present in front of people.



Case Study 2 | Tejaswani project

"Before joining Tejaswini project, I was not able to express my thoughts clearly in front of my parents and other people. Joining Tejaswini transformed my state of being."

Preeti Puja Kumar is a 14-year-old girl who just like many other girls of her age has strong opinions which she feels ought to be respected. She does not know how to gain the natural confidence everyone else seem to have. Joining the Tejaswani project assisted her to be among other girls of her age who were facing a similar set-back.



Thus taking part in club activities, Preeti was assigned roles to organise and lead some actions. The new scenario made her realise she ought to prove a point and demonstrate some leadership skills.

"After some time, I find myself confident, I am able to express myself clearly and confidently. Now I am able to deal with fear and bring myself out of adverse situations. I am able to face the rights and wrongs of life."

After joining, Tejaswini project, Preeti Puja Kumar's physical, mental and spiritual development was enhanced. Therefore, she now finds herself capable instead of lacking. She now looks at life ahead with much zest and courage.

"I want to become a teacher in the future so that I am able to earn money and be independent."

FINANCIAL SUMMARY 2020

Financial Statements 2020

	2020	2020	2019	2019
	\$US	CHF	\$US	CHF
REVENUES				
Contributions received	350,000	328,734	400,000	397,462
Financial income	9,670	9,083	0	0
Total Revenues	359,670	337,817	400,000	397,462
EXPENSES				
Expenses for projects				
Community Development	-100,000	-93,924	-136,000	-135,137
Promoting health and fighting diseases	-175,000	-164,367	-167,000	-165,940
Education	0	0	-40,000	-39,746
Total Expenses for projects	-275,000	-258,291	-343,000	-340,824
Development & Administrative Expenses				
Staff Expenses	-6,209	-5,831	-5,528	-5,493
General Admin & Development Expenses	-51,967	-48,810	-30,778	-30,583
Total Development and Administration expenses	-58,176	-54,641	-36,306	-36,076
Financial Expenses	-1,498	-1,407	-3,633	-3,610
Total expenses	-334,674	-314,339	-382,939	-380,509
Excess of revenues over expenditures before changes in funds	24,966	23,477	17,061	16,953
Use of designated funds	0	0	12,000	11,924
Excess of revenues over expenditures for the year	24,996	23,477	29,061	28,877
Balance Sheet as at 31 December, 2020				
ASSETS				
Current Assets				
Bank and cash equivalents	263,938	233,306	188,273	182,319
Total Current Assets	263,938	233,306	188,273	182,319
Non Current Assets				
Financial assets	408	405	408	405
Total Non Current Assets	408	405	408	405
Total Assets	264,346	233,711	188,681	182,724
LIABILITIES FUNDS AND CAPITAL				
Current Liabilities				
Other current liabilities	55,127	48,729	4,608	4,462
Accrued liabilities	3,350	2,960	3,200	3,099
Total Current Liabilities	58,477	51,689	7,808	7,561
Capital				
Capital Contribution	55,217	50,000	55,218	50,000
Currency translation adjustment	0	-14,052	0	2,567
Retained earnings:				
- brought forward from previous years	125,655	122,596	96,594	93,719
- result for the year	24,996	23,477	29,061	28,877
Total Capital	205,869	182,021	180,873	175,163
Total Liabilities, Funds & Capital	264,346	233,711	188,681	182,724

FACTS ABOUT HUMANA PEOPLE TO PEOPLE FOUNDATION

The Foundation's purpose is to contribute to development projects and charitable activities worldwide, in particular those undertaken by the Federation for Associations connected to the International Humana People to People (FAIHPP) movement or by any other member organisation of FAIHPP in the following areas: emergency and disaster relief, social and development programming, protecting the natural habitat, and research and innovation.

Committee members:

- Annemette Møller, Chair
- Jesper Wohlert, Vice Chair
- Lise-Lotte Sørensen, Secretary
- James Klein, member (until December 2020)
- Lotte Løffler, member
- Peter Rupf, member (from November 2020)

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