

Humana

People to People
Foundation

ACTIVITY REPORT 2019



TABLE OF CONTENTS

Welcome to the Activity report for 2019	3
Fighting HIV, preventing TB and promoting health	4
Society for Service to Voluntary Agencies (SOSVA) - TB prevention and control, India	5
TCE KfW: Total Control of the Epidemic Kreditanstalt für Wiederaufbau - Fighting HIV and AIDS, TB and other non-communicable diseases, South Africa	6
TB Alert UK - Developing civil society capacity on TB in South East Asia	7
Community Development	8
Child Aid, Bakenberg – Education and Community Development with a focus on adolescent girls and young women, South Africa	8
Programme support for community projects around development and expansion - India	10
Springstone Trust – Community development centre for artists in Ruwa, Zimbabwe	11
Education	12
Kadam Step-Up Centers - Support for programme development and expansion, India	12
Financial Summary	14
Facts about Humana People to People Foundation	15
Acronyms	15

WELCOME TO THE ACTIVITY REPORT FOR 2019

The Foundation's purpose is to contribute to development projects and charitable activities worldwide, in particular programmes and projects undertaken by "The Federation for Associations connected to the International Humana People to People Movement" (FAIHPP) or by any other member organisation of "FAIHPP" such as assistance in the case of emergency and disaster, development, protection of the natural habitat, research and innovation.

In this Activity Report for 2019, we share insights, highlights and results around seven development projects in the Foundation's activity areas in the global south.

The Foundation distributed grants totaling US\$331 000 to support development projects in South Africa, Zimbabwe, India, and the United Kingdom-based TB Alert programme in South East Asia. Activities focused on three areas: promoting health and fighting disease, supporting education and harnessing community development. These funds complemented funds from other partners, contributing to increased activities and positively impacting lives in the global south.

Thank you for working with us to reach our goal of creating long-term positive impact. We will continue to work closely with communities, engaging in low-cost development concepts that can be taken to scale to achieve transformational change, in line with the universal United Nations (UN) 2030 Sustainable Development Goal (SDG) agenda.

With best wishes from the Committee of Humana People to People Foundation

Annemette Moller

Jesper Wohlert

James Klein

Lotte Loffler

Lise-Lotte Sorensen

HEALTH: fighting HIV, preventing TB and promoting health

In 2019, the Foundation supported three projects in health promotion and disease prevention with a direct focus on HIV and AIDS and TB, engaging a broad-based community approach with the poorest, excluded groups and vulnerable communities, as well as adolescent girls and young women. Key to all project efforts was enabling communities to take control over HIV and TB, break down associated stigma, better understand disease symptoms, and adopt measures to live positively with a support structure and continued awareness and behavior change.

Whilst tremendous positive strides have been made globally to fight the twin epidemics of HIV and TB, greater efforts are necessary to meet universal targets set for the next decade – the 2030 SDGs. These call for zero HIV infections, zero HIV related deaths, zero HIV related discrimination, and access to anti-retroviral therapy (ART) for all those living with HIV.

The global agency for HIV and AIDS, UNAIDS claims that by the end of 2018, 32 million people had died worldwide as a result of HIV infections since the start of the epidemic. Approximately 74.9 million people were infected with HIV during this same period globally, and out of this, 37.9 million were living positively with HIV.

By end June 2019, 24.5 million people were accessing ART, a significant increase from approximately 8 million people in 2010. New HIV infections have been reduced by 40% in 2018 since the peak in 1997. Around 1.7 million were newly infected with HIV, compared to 2.9 million in 1997.

UNAIDS states that around 6000 young women aged 15–24 become infected with HIV every week. In sub-Saharan Africa, four out of five new infections are among adolescent girls aged 15–19. Young women aged 15–24 are twice more likely to be living with HIV than men, calling for increased attention to the protection of adolescent girls and young women.

TB remains the leading cause of death among people living with HIV, accounting for one in three HIV-related deaths. In 2017, out of an estimated 10 million people who developed TB, approximately 9% were living with HIV. It is estimated that 49% of People Living with HIV and TB are unaware of their co-infection and therefore not receiving care.



1

INDIA

Society for Service to Voluntary Agencies (SOSVA) –
TB prevention and control

HPP India received a grant of US\$17 000 to implement the SOSVA project on TB prevention and control in Delhi, working hand in hand with the Revised National TB Control Programme (RNTCP). Activities included staff capacity building training on “Prevention and Control of TB”, community camps, nutrition training, mass awareness campaigns and street plays on TB education.

The World Health Organization’s (WHO) target to eliminate TB globally is set for 2030. However, the Government of India has accelerated its goal at national level for 2025. TB remains a priority health issue for the Indian population, especially those living in slums. Poor sanitation, weak drainage systems and an under-fed population exacerbate the disease.

TB has a higher burden than HIV, with approximately 960 deaths daily, and an equally high burden of both TB and Multi-Drug Resistant TB (MDR-TB). It is estimated that more than 25% of infected people cannot access free TB care provided by government. TB infected people are aged between 25 and 45 years, rendering them incapable of productive activity, leaving entire families on the streets.

Project implementation began in August 2019, and the following results were achieved by December 2019:

Number of TB patients identified	151
Number of families counseled	545
Community Awareness Camp attendance	572
Mass awareness/Health Camp attendance	263
Nutrition Camp Attendance	48
Street Play Attendance	210

Health education activities sought to improve knowledge on modes of TB transmission, and availability of free treatment at public health facilities for slum dwellers. Knowledge levels increased above 60% among community participants. Under behavioral change, up to 89% of TB patients visited a government health facility for advice on general and TB-related issues respectively.

The SOSVA team successfully supplemented government efforts through identifying at least 151 potential TB patients within five months, creating links with government medical service providers and providing follow-up assistance.



2

SOUTH AFRICA

TCE KfW: Total Control of the Epidemic Kreditanstalt für Wiederaufbau - Fighting HIV and AIDS, TB and other non-communicable diseases

HPP South Africa received a grant of US\$115 000 to fight HIV and AIDS, TB and other non-communicable diseases under the TCE KfW project that started in November 2016 and will conclude in March 2020. A broad range of activities were undertaken in 2019, in partnership with the National Department of Health in South Africa, the Foundation for Professional Development, the Strategic Evaluation Advisory Development, and the Centre for Communication Impact. Key activities included HIV prevention and testing through door-to-door campaigns, community-based counseling, TB screening, referral services for ART, Voluntary Medical Male Circumcision, Prevention of Mother to Child Transmission, Family Planning and condom outreach.

TCE KfW integrates youth-targeted HIV and AIDS services as a core element of its activities. The project has sustained gains made, increasing the number of individuals tested, whilst continuing to focus on improved linkages to HIV care and treatment. A comprehensive health-screening package was made available following the National HIV Testing Policy, resulting in 100% TB screening for individuals tested for HIV.

The project targeted adolescent girls and young women aged 15-24, improving uptake of HIV Testing Services coupled by good performance on Index patient trailing. Participation from male youth aged 15-24 was intensified through behavior change and social mobilisation strategies, covering topics such as: Know your HIV status; openness and disclosure; treatment adherence; Information and Education Communication (IEC) material; and condom distribution. Both strategies led to positive changes in attitudes and sexual behavior among male and female youth.

In the period under review, the following results were achieved:

- 244 113 beneficiaries reached through door-to-door campaigns on HIV prevention and testing
- 105 694 people received HIV Testing Services surpassing the initial 65 000 projection by 162.6%
- 8279 individuals tested HIV positive and received ART, with a success rate of 79% on ART initiation
- 109 condom outlets were established, with nearly 2 million condoms distributed, doubling initial projections
- 41 abnormal diabetic and 17 high blood pressure individuals were recorded.

The TCE KfW project performed well against set targets, in most cases surpassing initial projections, leading to changes of attitude, increased knowledge on HIV and AIDS, reduced cases of STIs and pregnancies through high condom uptake and use, supported by HIV and TB services.

Plans are in place to phase out this project at the end of March 2020.



3

SOUTH EAST ASIA (TB ALERT UK)

Developing civil society capacity on TB

TB Alert is a UK-based organisation that tackles TB in the UK and in developing countries. In April 2019, TB UK Alert received a grant of US\$35 000 to develop the TB capacity of Health Poverty Action (HPA), a leading NGO based in South East Asia. This is the only NGO with active implementation in the area of health in the rebel-controlled special regions of Myanmar bordering China. While there have been massive improvements in the preparation and capacity of national TB programmes in managing the disease, locations in remote rural areas affected by TB with the least access to health care are best covered by community care programmes.

Training on TB active case finding was conducted for 27 participants in November 2019. These included HPA staff representing the Myanmar, Cambodia and Laos offices, as well as various health officials. The training aimed to strengthen knowledge, skills and attitudes to help prevent TB, and provide TB and TB/HIV care from a community-based perspective.

The training was followed up with a support visit to HPA Vietnam where a TB programme was developed to support proposal submission to USAID and the Global Fund for the next round of funding, engaging a patient-centred approach to TB case finding and treatment support.

Key project outcomes were as follows:

- Four teams from Myanmar Special Regions and HPA staff from Cambodia and Vietnam developed an action plan for TB programmes, integrating them with current health projects
- HPA Vietnam prepared two proposals from the programme outline developed during the TB Alert support visit in February 2020. These were submitted for funding to USAID and Vietnam National Tuberculosis Programme for Global Fund support
- In March 2020, HPA Vietnam was shortlisted as a sub-recipient for the next Global Fund TB round programme in Vietnam.

The TB Alert project not only successfully developed HPA capacity, but took positive steps towards supporting the integration of TB activities into future health programming.



COMMUNITY DEVELOPMENT

Working with the poorest of communities to alleviate the effects of poverty is central to the Foundation's programme activities, through strengthening communities, supporting families, and improving children's livelihoods. Integrated approaches include formation of groups such as Village Action Groups, women and youth groups, Farmers' Clubs and community forums, addressing cross-cutting issues such as gender equity, women's and girls' empowerment, economic literacy and social inclusion.

Activities seek to enable communities to take ownership of their own development through education, health, action on climate change and district development.

The UN indicates that more than 700 million people, or 10% of the world's population, live in extreme poverty, surviving on less than US\$1.90 a day in sub-Saharan Africa. The level of disproportion is glaring: 122 women aged 25-34 live in abject poverty for every 100 men in the same age group; and one out of five children is subject to the toughest conditions of poverty.

SDG 1 advocates for an end to extreme poverty by 2030, calling for inclusive approaches and leaving no one behind, especially young people. Approximately 40% of Africa's more than 1 billion population comprises youth, including rural areas.

1

SOUTH AFRICA

Child Aid Bakenberg – Promoting Education and Community Development for adolescent girls and young women

Child Aid Bakenberg was established in 2006 and is a project under Humana People to People South Africa (HPP SA) located in the Waterberg District of Limpopo Province. In 2019, HPP SA received a grant of US\$30 000 with complementary support from the Global Water Challenge, the National Department of Social Development, Humana Austria and Planet Aid, Inc.

The project surpassed its projected target of 3500 beneficiaries in 2019, reaching 5038 people. Furthermore, it far exceeded its initial target to work with 1000 families, reaching 2067 families – mostly young people from disadvantaged communities.

With support from the Department of Agriculture Forestry and Fisheries, key activities included education on climate change and adaptation methods, climate smart agriculture, and water harvesting. Seeds were provided to establish 50 backyard gardens for income generation, and successful training led to a record 285 gardens, with local market sales of produce.

Further activities included nutrition and health promotion campaigns, pre-school education for Orphans and Vulnerable Children, district development, environmental protection and food security through sustainable food gardens.



Women and young girls were the main focus of this project, benefitting from life skills and leadership training. Here is a snapshot of 2019 results:

Strengthening family economies	5083 community members trained on garden farming, climate smart agriculture and computer skills (3689 females and 1394 males)
Door-to-door health campaigns	3 health awareness campaigns developed 2067 families reached with information (1506 females and 561 males) 14 000 male condoms distributed
Preschools of the Future	5 pre-schools reached with information on health and hygiene, and garden farming
Climate smart agriculture	240 young farmers trained on climate smart agriculture (81 boys and 151 girls) Nutritional gardens established in 6 primary schools
Children without parents	1029 orphans and vulnerable children identified and registered (385 boys and 644 girls)
Education	310 women mentored and empowered on life and leadership skills
District development	7 meetings conducted with the National Department of Social Development for registration of a project drop-in center where orphans and vulnerable children have access to nutritious food
Environment	Door-to-door awareness campaign conducted on climate smart agriculture, global warming and climate change 287 community members reached with information 85 drought resistant trees planted
Food security	285 community gardens established 42 families and 6 schools realised profits from market sales of produce 2 boreholes drilled 5 water reservoirs constructed 6 school nutritional gardens established



In 2019, HPP India received a US\$70 000 grant for programme support on Community Development Projects (CDP) implemented in eight states as follows: Haryana, Uttar Pradesh, Karnataka, Maharashtra, West Bengal, Rajasthan, Telangana and Uttarakhand. The project sought to improve the socio-economic status of families through health, education (entrepreneurship and empowerment) and environmental activities. Key project partners included the Department of School Education Haryana, Azim Preji Foundation, Nokia India Sales Pvt. Ltd, TATA Consultancy Limited, Hero MotoCorp Ltd, Ministry of Foreign Affairs Finland, Fidelity International, and RIST.

Women and young girls are an integral part of community development, but often neglected in mainstream programming and opportunities for advancement as entrepreneurs. Engaging an integrated approach towards education, empowerment and entrepreneurship, they drove their own development in 2019, achieving the following results:



- **Capacity building for women's Self Help Groups and Women's Action Groups with literacy sessions on hygiene, environment, sanitation and gender.** Result: 137 401 women actively participating in 3953 women's clubs. Through financial literacy, 490 women gained knowledge in financial management. 1392 savings bank accounts opened, helping women manage their money.
- **Entrepreneurship and skills training to enable women and youth to become self-sufficient.** Result: 20 239 women learned to develop business plans, apply for loans and promote financial capability, contributing to family income; 2489 women and youth gained employment or began small-scale initiatives. 2106 trained on beauty culture, tailoring and basic computer literacy.
- **Girls' education is a long-term investment; literary sessions enabled basic reading and writing.** Result: 3164 received training on basic and functional literacy.
- **Health and eye camps established in West Bengal, Maharashtra, Karnataka and Maheshwari (Haryana).** Result: A total of 18 239 people benefited, providing community members free and easy access to quality health services.
- **Going organic through kitchen gardens for healthy food.** Result: 83 kitchen gardens established.
- **Environmental activity through tree planting.** Result: 4820 trees planted, with community ownership and responsibility for tree maintenance and improved conservation practice.

The Community Development Projects had a positive influence in communities, especially among women, once only recognised for managing households and isolated from their own socio-economic development. The formation, identification and registration of women's clubs far exceeded its 2019 target, resulting in an increased number of women equipped with knowledge, awareness and capacity to accelerate not only their own progress, but the development of their households and communities.

3

ZIMBABWE | Springstone Trust – Community development centre for artists

African stone sculpture art in Zimbabwe continues to attract and impact audiences globally, not only transcending indigenous visual expressions, but contributing to the socio-economic development of individual and collective artists, whilst embracing the nation's cultural heritage.

In 2019, Springstone Trust received a grant of US\$24 000 to support its community centre activities. The centre is host to a community of 40 artists in Ruwa. The Trust also serves as a marketing platform for high quality African stone sculptures and paintings they produce at local and international level through exhibitions and galleries.



2019 proved to be a productive and hugely successful year for the Works of Art activities at Springstone Trust, doubling initial projected production of 400 stone sculptures to a record high of 800 quality original works. These sculptures, as well as 28 paintings, were sold in Europe, generating much-needed income for the artists' livelihoods.

Representation of the rich and diverse essence of the modern sculpture movement and its expressions was achieved beyond expectation. Says Bojan Hocevar, an exhibitionist and international client representing Friends Forever Gallery in Germany: 'We receive high-quality art pieces with life and soul in them'.

The artists play an active role in local community development through collective action on art creation, sharing practical examples on food production and sustainable energy for self-sustenance. New developments have seen the Trust and its team exploring innovative topics around stone sculpture and painting, introducing both trainees and students, and on-boarding new artistic talent.

However, in this period under review, vegetable produce for internal consumption was hindered by lack of rain and low borehole water levels.



EDUCATION

Although education remains a fundamental right for millions of children globally, lack of access to education prevails. More than 63 million children of primary education age are not in school and 759 million adults are illiterate. More than half of primary education children who are not in school live in Sub Saharan Africa (34 million). Southern Asia has the second-highest number of Out Of School Children (OOSC) - 10 million.

In developing and developed countries alike, children do not have access to basic education owing to inequalities linked to gender, rights, and health. Factors such as poverty, unemployment, illness and illiteracy exacerbate the risk of non-schooling, leading to drop-out rates at an early age. Children from disadvantaged backgrounds are forced to replace their schooling to provide for family members and relatives, forced into labor, have to take care of sick relatives, or look after siblings.

However, education is the driving force behind social development and the key to community development and enterprise. SDG 4 focuses not only on access to education, but inclusive and equitable education, promoting life-long learning opportunities for all.

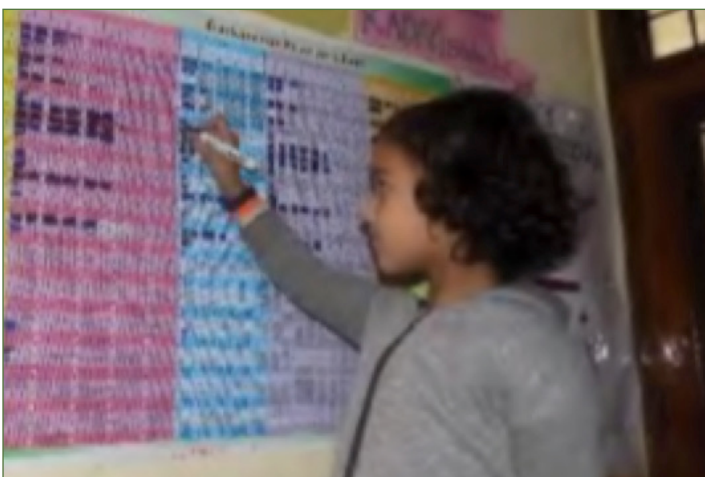
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INDIA

Support for Development and Expansion of Kadam Step-Up Programme

In India, the main factor behind the issue of Out Of School Children is migration and relocation of poor families in search of improved livelihoods and opportunities. Under HPP India, the Kadam Step-Up Programme received grant funding of US\$40 000. Primary funding is from State Government, supported by other co-funding partners. Foundation funds cover start-up costs, programme development and project support.

The Foundation supports global and national educational efforts through Kadam Centers in India, an Out Of School Children initiative engaging a unique teaching model that was established in 2013. Since then, this dynamic model has been updated and revised regularly, adopting sustainable approaches to promote educational opportunities for Out Of School Children. By July 2016, the programme reached 83 279 children; out of this, 41 378 children have successfully completed bridge courses, with integration into regular classes.



How the Kadam model works

Kadam runs “Special Training Centers” for Out Of School Children engaging a unique methodology that blends competency-based exercises with theme-based activities. Children learn in Trios, then plan and track their progress through individual progress cards.

In 2019, HPP India implemented expansion of the project through supporting new Kadam Centers in Haryana, Chhattisgarh, Maharashtra, Jammu and Kashmir. Furthermore, the project sought to consolidate cooperation through Memorandums of Understanding with governments in Uttar Pradesh, Bihar and Jharkhand, including private partners for start up of large-scale Kadam programmes in areas where Out Of School Children exist.

The target for 2019 was to establish 1000 centres and enroll 20 000 children. By December 2019, a total of 914 centers were established, with 777 fully operational. The Kadam programme was implemented in approximately 255 schools reaching 24 000 children during this period.

The Kadam programme has showcased notable results, becoming a replicable model for other Indian states to address Out Of School Children. The inclusive approach involving community members, leaders, government officials, school teachers, administrative staff and parents has positively reinforced mindsets about the value and long-term benefits of good quality education.

The project’s five-year goal is to improve the lives of half a million Out Of School Children through access to education and opportunities, followed by integration into formal school systems.



FINANCIAL SUMMARY 2019

Income And Expenditure Statement for the period ended 31 December 2019

	2019 USD	2018 USD
INCOME		
Contributions received	400,000	500,000
Financial Income	0	1,098
Total Contribution Income	400,000	501,098
EXPENSES		
Expenses for projects		
Community Development	(136,000)	(111,000)
Promoting better health and fighting preventable diseases	(167,000)	(200,000)
Education	(40,000)	(105,000)
Total Expenses for projects	(343,000)	(416,000)
Development & Administrative Expenses		
Staff Expenses	(5,528)	(5,586)
General Admin & Development Expenses	(30,778)	(31,192)
Total Expenses for development and administration	(36,306)	(36,778)
Financial incomes & expenses		
Financial expenses	(3,633.31)	(9,252)
Total Expenses	(382,939)	(462,030)
Excess of income over Expenditure	17,061	39,068
Transfer (to) from Designated Funds	12,000	(12,000)
	29,061	27,068

Balance Sheet as at 31 December 2019

	2019 USD	2018 USD
ASSETS		
Current Assets		
Bank & Cash Funds	188,273	166,482
	188,273	166,482
Long Term Assets		
Investments	408	408
Total Assets	188,681	166,890
LIABILITIES FUNDS & CAPITAL		
Current Liabilities		
Accounts payable	7,808	3,078
DESIGNATED FUNDS	0	12,000
Capital		
Capital Contribution	55,218	55,218
Retained Income	96,594	69,526
Excess of Income over Expenditure	29,061	27,068
	180,873	151,812
Total liabilities & Capital	188,681	166,890

FACTS ABOUT HUMANA PEOPLE TO PEOPLE FOUNDATION

The Foundation's purpose is to contribute to development projects and charitable activities worldwide, in particular programmes and projects undertaken by "The Federation for Associations connected to the International HUMANA PEOPLE TO PEOPLE Movement" (FAIHPP) or by any other member organisation of "FAIHPP" such as assistance in the case of emergency and disaster, development, protection of the natural habitat, research and innovation.

Committee members:

- Annemette Møller, Chair
- Jesper Wohlert, Vice Chair
- Lise-Lotte Sørensen, Secretary
- James Klein, member
- Lotte Løffler, member

Auditor:

Berney Associés Audit SA, Rue du Nant 8, 1207 Geneva, Switzerland

Lawyers:

Gros & Waltenspühl Rue Beauregard 9, 1204 Geneva, Switzerland

Physical address: 20, chemin du Velours, 1231 Conches, Geneva, Switzerland

E-mail: administrator@humana-foundation.org

Telephone: +41 22 346 09 64

Website: www.humana-foundation.org

Established: 29 August 2013

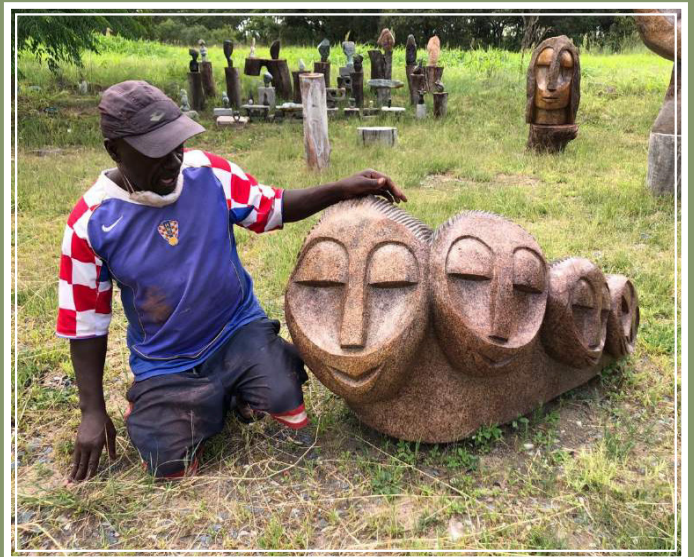
Registration: Geneva Register of Commerce no: CHE -159.041.999

Approvals: Approved by the Federal Supervisory Board for Foundations, Register number 5634

Tax status: Tax exempt from both Federal tax as well as Cantonal and Communal tax

ACRONYMS

AIDS	-	Acquired Immuno Deficiency Syndrome	PoF	-	Preschools of the Future
ART	-	Anti-retroviral Therapy	PTMs	-	Parent Teacher Meetings
DOTS	-	Directly Observed Treatment, Short-course	RNTCP-	-	Revised National Tuberculosis Control
FAIHPP	-	Federation for Associations connected to the International Humana People to People	Programme		
GNB	-	Government Nutrition Board	SDGs	-	Sustainable Development Goals
GWC	-	Global Water Challenge	SOSVA	-	Society for Service to Voluntary Agencies
HIV	-	Human Immuno Virus	SSA	-	Sub-Saharan Africa
HPA	-	Health Poverty Action	STIs	-	Sexually Transmitted Infections
IEC	-	Information Education and Communication	TB	-	Tuberculosis
KfW	-	Kreditanstalt für Wiederaufbau (Credit Institute for Reconstruction)	TCE	-	Total Control of the Epidemic
MDR-TB-	-	Multi-drug Resistant TB	UK	-	United Kingdom
NDSD	-	National Department of Social Development	UN	-	United Nations
NTP	-	National Tuberculosis Programme	WHO	-	World Health Organisation



Address: 20 Chemin du Velours, 1231 Conches Geneva,
Switzerland
Telephone: +41 22 346 09 64

administrator@humana-foundation.org