

Humana

People to People
Foundation

ACTIVITY REPORT 2017



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WELCOME TO THE ACTIVITY REPORT 2017

The Humana People to People Foundation was registered in Switzerland in 2013. It is founded by the Federation of Associations connected to the International Humana People to People Movement and contributes to worldwide social development projects and activities, in particular to the Humana People to People programs and projects.

Humana People to People Foundation gives support within four objectives according to its statutes:

1. Assistance in the case of emergency and disaster
2. Development
3. Protection of the natural habitat
4. Research and innovation

Humana People to People Foundation focuses on three lines of activities; projects that are "Promoting Health and Fighting Diseases", "Education" and "Community Development".

In 2017 Humana People to People Foundation granted 425 500 USD to five organisations based in India, South Africa and UK. In total, 11 development projects were supported. The funds from Humana People to People Foundation complemented funds from other partners in several of the projects. This made it possible to have many different activities going on at the same time and contributed to enrich the lives of many people.

On the following pages we present the main results from the 11 projects that from each their angle present how change come about when people get the knowledge and understanding of the issue at hand and are encouraged to take action.

With greetings from the Committee of Humana People to People Foundation,

Annemette Møller
Jesper Wohlert
James Klein
Kaare Dahne
Lise-Lotte Sørensen

PROMOTING HEALTH AND FIGHTING DISEASES

While the world has made great progress in the fight against HIV and AIDS and TB, there is an urgent need to do more. HIV and Tuberculosis (TB) remain the world's two most deadly infectious diseases. The two epidemics are interconnected, as TB is the leading cause of death for those living with HIV.

HIV continues to be a major global public health issue, having claimed more than 35 million lives so far. There is no cure for HIV infection. However, effective antiretroviral (ARV) drugs can control the virus and help prevent transmission so that people with HIV and those at substantial risk can enjoy healthy, long and productive lives.

The World Health Organization estimates that currently only 70% of people with HIV know their status. In mid-2017, 20.9 million people living with HIV were receiving antiretroviral therapy (ART) globally according to WHO.

Between 2000 and 2016, new HIV infections fell by 39%, and HIV-related deaths fell by one third with 13.1 million lives saved due to ART in the same period. This achievement was the result of great efforts by national HIV programmes supported by civil society and a range of development partners. (WHO 2018)

The Center for Disease Control and Prevention in USA states that each year 10.4 million people develop active TB disease (2017). 4 million of these individuals are "lost" each year by health systems and do not get the TB care they need and deserve. Among these cases are an estimated 600 000 children with TB and 400 000 people with drug-resistant forms of the disease.

In 2017, Humana People to People Foundation supported seven health projects that have contributed to the response to the universal 2030 Agenda for being in control of HIV and AIDS and TB.

The seven health projects share the understanding that it takes a concerted effort from many parties to make the change happen, one of them being the implementation of a broad community approach. The idea is to mobilize the people themselves to be in control, by being aware of the symptoms, learning to understand what it takes to cure the disease or, as in the case of being HIV positive, on how to live with the disease. It is also about building on existing structures and identifying possibilities; families and friends mobilized to support, linking up and working closely together with existing health facilities and spreading awareness across all sectors on what it takes.



1

Prevention and Control of TB in Delhi

“Prevention and Control of Tuberculosis (TB)” program received a grant of USD 17 000 in 2017 from Humana People to People Foundation. The program is in its second year of operation and run by Society of Service to Voluntary Agencies (SOSVA) in India

20 million cases are added annually to the pool of the TB victims in India with the main drivers of TB being malnutrition, smoking, diabetes and the HIV virus. Multidrug resistant (MDR) TB is the new threat and the population of MDR patients is the second largest in India after China.

SOSVA reached out to 50 000 people in slum areas in New Delhi as it created TB awareness, worked on reducing TB stigma, identified and diagnosed TB infected persons, monitored medication administration and made community follow up on TB patients.

300 TB patients were identified and diagnosed to be TB infected by the TB Service Providers and were enrolled for treatment under the Direct Observed TB Treatment Service (DOTS).

Three capacity building trainings were done in collaboration with other hospitals, doctors and health centered civic societies. The topics covered included TB transmission and symptoms, TB co-relation to HIV and AIDS, treatment process for TB, multidrug resistant TB in Delhi, TB sputum testing and household hygiene.



2

Increasing National TB Programming Capacity in East Europe and Central Asia

TB Alert, a UK based organization aiming at tackling TB in UK and the developing world, was given a grant of USD 15 000 in 2017 for “increasing TB programming and senior TB care providers’ capacity to work with non-governmental organizations in East Europe and Central Asia.”

The innovative approach of this project is to build the capacity of medical providers to understand, engage and work with Civil Society Organizations (CSOs). This is especially important in Romania, Ukraine and Kyrgyzstan where there is little tradition of government and health institutions working in partnership with CSOs.

With the support from Humana People to People Foundation received end of October 2017, it is intended that over the 16 months from awarding of the grant to the end of 2018, TB Alert will run three workshops lasting two to three days each, for National TB Program managers and staff and other senior medical providers, in each of the different countries



3

Total Control of the Epidemic Communities Forward South Africa

The project 'Total Control of the Epidemic (TCE) Communities Forward' operated by Humana People to People South Africa was awarded a grant of USD 115 000 from Humana People to People Foundation in 2017. The grant complements funding from the major partner USAID/Foundation for Professional Development as well as from other Humana People to People organizations in Europe and USA.

The project is an HIV Counseling and Testing project initiated in 2014 and is expected to phase out in 2018. It seeks to contribute towards the reduction of HIV incidences by linking high incident communities and key populations to HIV and TB prevention, care and support services. It empowers individuals with the capacity to mitigate the consequences of HIV and TB, break down the stigma that still surrounds the epidemics and stop the spread of HIV. The overarching goal of the project is to expand high quality community-based HIV Counseling and Testing models supported with innovative and effective referrals systems.

Community Based HIV Counseling and Testing services have increased adherence of mothers in taking up ante-natal care and post-natal care services, resulting in a reduction of new HIV infections and child mortality. Notable project effects included an increase in numbers of men seeking Voluntary Male Medical Circumcision, which helps to reduce chances of a male counterpart in contracting HIV virus during sexual intercourse. The project also saw an increase in people enrolling for HIV treatment in the health facilities due to the tracking and returning of the lost-to-follow HIV positive clients.

During 2017, key activities for the project included the establishment of a standardised referral and tracking system, community-based counseling and testing services as well as strengthening community health systems to facilitate the scaling-up of activities.

Other main results from 2017 show that a total of 104 716 people were tested for HIV and 8 486 of the tested were referred for treatment, care and support. All community members accessing HIV testing services were screened for diseases such as TB and Sexually Transmitted Infections. 4 218 were suspected to be infected and were referred to clinics for diagnosis and treatment.

1 333 people in hard to reach populations were counseled and tested; these were sex workers and truck drivers of which 141 tested HIV positive.



4

Total Control of the Epidemic DREAMS – South Africa

Humana People to People South Africa received a grant of USD 105 000 in 2017 from Humana People to People Foundation for the TCE DREAMS project. The grant complements funds from USAID via FHI360 and other Humana People to People organisations.

TCE DREAMS started in July 2016 and ended in September 2017, five months before it was planned, because it achieved the goals agreed with the main partner earlier than originally planned.

The DREAMS program was an intervention aimed at Advocacy, Community and Social Mobilization in high risk burdened communities affected by HIV and AIDS. TCE DREAMS specifically targeted men who have sex with young women and adolescent girls.

The main strategy involved targeting in-school adolescent girls and young women for condom promotion and targeting out-of-school girls and women with HIV testing services and condom distribution. The project was implemented in two districts located in the KwaZulu-Natal province of South Africa.

Some of the project's key achievements are:

204 725 people were counseled and tested for HIV, of whom 46 625 were adolescent girls aged 10-14 years and 4 645 were out-of-school persons. 32 024 were young women and 158 084 male sex partners aged 20-49. For all the people tested in various categories 6 048 tested HIV positive. 99% of the people were screened for TB, Sexually Transmitted Infections and Non-Communicable Diseases. 5 061 individuals later confirmed to have completed treatment linkage and are now enrolled for HIV treatment.

During the pre-information sessions with the adolescent girls and young women and their male sex partners, the TCE Field Officers informed and screened individuals on HIV risk reduction options and further demonstrated proper condom usage. A total number of 1 868 870 condoms were distributed during HIV testing services.



5

HOPE Bushbuckridge in South Africa

Humana People to People South Africa received a grant of USD 21 000 from Humana People to People Foundation for the project HOPE Bushbuckridge. The grant complements funds from the Government Department of Health, the business community and other Humana People to People organisations in Europe.

HOPE Bushbuckridge has since 2007 given support to the poorer parts of the town Bushbuckridge and its rural outskirts that have been seriously affected by HIV and AIDS and TB throughout the years, due to being a transit area close to the border and with a mining industry employing migrant workers. The project aims at strengthening the cooperation and networking between civil society organisations, the private sector and the Department of Health, including traditional structures in supporting people who are infected or affected by HIV in Mpumalanga province.

In 2017, the project continued to carry out a number of activities, building upon the experiences and results from previous years. Some of them were:

49 809 people were reached with health promotion information. 4 956 people were mobilized for HIV Testing Services through door to door visits and mobile campaigns.

The project continued to inform communities on Non Communicable Diseases reaching out to 22 720 people (13 768 women and 8 952 men) with information on diseases like asthma, lung disease, heart disease and stroke. 7 245 people were screened for TB.

HOPE Bushbuckridge distributed 379 935 condoms through 154 condom outlets, taxi ranks, beer-halls and at actions organized by the project. 9 779 boys were mobilised and referred for male circumcision.



6

HOPE Mopani in South Africa

In 2017, Humana People to People South Africa received a grant of USD 19 000 from Humana People to People Foundation to support the health project HOPE Mopani, complementing funding from the National Department of Health and other Humana People to People organisations.

HOPE Mopani is located in the far north of South Africa and is operating in a transit border district close to Mozambique with high risk groups for HIV such as truck drivers, migrant workers and sex workers. The project started in 2007 with the objective of reducing the spread of HIV and offering care and support to those infected or affected by the disease. The project seeks to empower the target communities with information, skills and attitudes they can use to recover from the impact of HIV and AIDS and TB.

Some of the activities in 2017 were that a total of 31 476 people were reached with health promotion

information, 2 400 people of which 578 were men and 1 822 were women were referred for HIV testing to four local clinics.

Prevention of Mother to Child Transmission (PMTCT) forms part of the prevention programs at HOPE Mopani. 650 HIV positive mothers were referred to the clinic for PMTCT Program. 607 men were referred to local clinics for Voluntary Medical Male Circumcision as part of prevention against HIV. 11 100 people were screened for TB, of which 6 445 were women and 4 655 were men.

Hope Mopani continued to ensure that HIV and TB patients adhere to treatment and tracked 383 defaulters, referring them to local clinics to take the treatment again.



7

Support for program preventing HIV and AIDS and TB in India

Humana People to People India (HPPI) received a grant of USD 35 000 from Humana People to People Foundation to support the program preventing HIV and AIDS and TB in India. The grant complemented funds from Government of India, The International Union Against Tuberculosis and Lung Diseases, private businesses, foundations, as well as funding from other Humana People to People organizations in Europe.

Humana People to People India is implementing an HIV and AIDS and TB program in Delhi and Lucknow. The program aims to prevent new HIV and AIDS and TB infections among people living with HIV and TB patients and to support them. They are targeting groups at high risk, especially female sex workers.

In 2017, some of the results were:

The program reached out to 1 920 077 people to increase their level of awareness through one-to-one meetings, group sessions, door-to-door campaigns, exhibitions and rallies. The program is focusing on both prevention and treatment.



The staff mobilized female sex workers for HIV testing, and those found positive were referred to Anti-Retroviral Therapy at government clinics. HIV information material was distributed to female sex workers.

Under the activities on TB, the project reached 394 017 households with TB information. 11 493 people were identified with TB symptoms and referred for test.

1 414 were detected with TB in 2017. TB positive patients were directed to Direct Observation Treatment after counselling sessions.

EDUCATION

In total, about 264 million children and youth are out of school world-wide, according to the UNESCO Institute for Statistics (UIS 2015). This figure is roughly equivalent to the entire populations of Mexico and Russia combined. The World Development Report 2018 from World Bank indicates that most of the world's population with less than primary education live in South Asia, but rates are similar in Sub-Saharan Africa. Further, school completion is higher for richer and urban families, but gender gaps are more context-dependent.

India has witnessed a substantial increase in enrolment ratio at primary school level. Several national surveys, however, conclusively suggest that learning outcomes amongst primary school students still remain dismal. This has largely been due to poor quality of training of primary school teachers at various teacher training institutions. In many of these institutions, a substantial number of existing posts for lecturers remain vacant, adversely affecting the quality of teacher training.

Humana People to People Foundation is in support of the global wish to reach Sustainable Development (SDG) Goal 4 which aims to ***“ensure inclusive and equitable quality education and promote lifelong learning opportunities for all”***, and decided in 2017 to support Humana People to People India, who is contributing to the Indian government policy of reaching SDG #4 by operating teacher training programs at 20 government colleges in India.



1

Necessary Teacher Training College Haryana, India

Humana People to People India received a grant of USD 55 000 in 2017 from Humana People to People Foundation as funding support for its “Necessary Teacher Training (NeTT) Program” in Haryana state of India. The grant complements funding from the state Department of Education, DELL Foundation and other Humana People to People associations.

The NeTT program in Haryana is a pre-service teacher training program, carried out at seven colleges in Haryana and designed to train primary school teachers (Grade 1 - 5) through a dialectic process between theoretical studies and practical experiences. By using a special pedagogical methodology and providing the students with a wide range knowledge and skills in extra-curricular activities, the NeTT equips the students not only to become good teachers but also to become able to contribute to a community environment conducive to upbringing of the children.

Some of the results in 2017 are:

1 373 NeTT trained student teachers underwent training out of whom 509 graduated to become primary school teachers in 2017. Around 13 000 primary school children and 550 primary school teachers were reached during their teaching practice in 116 primary schools.

20 teaching and learning material workshops were held to complement the academic studies. The workshops trained the students in creating all sorts of teaching aids from locally available materials and played a crucial role in equipping the student teachers to use activity-based teaching. This helped them to more effectively deliver lessons in the classrooms as they included objects from the environment as teaching aids.

Furthermore, 11 open days and 21 community events were organised during which the student teachers planned rallies, street plays, group discussions, awareness sessions and actions with planting trees. The events were done through involving the community members. Such events help the student teachers to gain practical knowledge from the field and gain understanding of the issues faced by the community.



COMMUNITY DEVELOPMENT

The United Nations Sustainable Development Goal 1 reveals that more than 700 million people still live in extreme poverty and are struggling to fulfill the most basic needs like health, education and access to water and sanitation, to name a few. The overwhelming majority of people living on less than \$1.90 a day live in Southern Asia and Sub-Saharan Africa and they account for about 70% of the global total of extremely poor people.

Humana People to People Foundation support community based programs which work shoulder to shoulder with the families in creating development and improving life for children in the community. The people in the programs are organised in village action groups, in women and the youth groups, in farmers' groups and or many other group formations.

Thus by supporting integrated program elements that target children, Humana People to People Foundation supports the building up of capacity in families and their communities to work towards the common goal of improving their children's lives. It remains a fact that in order to nurture children successfully, the entire community must be strengthened. The Humana People to People Foundation understands that families need to be brought together to address a range of community development issues, including health and sanitation, income generation, education, district development, environmental awareness, and greater opportunities for children.

1

Health of Adolescents and Their Families in Sunder Nagari, Delhi

St. Stephens Hospital received a grant of USD 15 500 in 2017 for a program addressing malnourishment among vulnerable adolescents and their families in the slum area in Delhi, called Sunder Nagari. Humana People to People Foundation is the only financial partner to the activity.

The Community Health Department of St. Stephen's Hospital is concerned about vulnerable youth in slums of Delhi. India has the highest prevalence of underweight among adolescent girls at 47%. Over half of girls aged 15-19 years (56%) are anemic. This has serious implications as many young women marry before the age of 20 and being anemic or underweight increases their risks during pregnancy and their overall well-being. Many people in India, especially among the poor, do not know about basic nutrition and why it is important for the human body.

St. Stephens Hospital is implementing a 12-month nutritional education program among selected adolescents around the hospital. The program will help the young to regain their health and train the youth and their families in how to secure the right balance of nutrients based on the low-cost food that is available in the community. The doctors in charge of the program will write a small medical article describing the small practical research activity and share it with the rest of the doctors at St. Stephens itself and with other hospitals, health authorities and selected schools.





So far, 101 adolescents from 57 vulnerable families were identified to be malnourished and were supported by regular nutrition education. 171 family discussions on nutrition were done and 9 income generating activities were initiated. The program identified 17 youth and trained them as Nutrition Change Agents. The youths are mentors for 10 youth clubs of 8 to 10 vulnerable adolescents advising on balanced diet and low-cost high-energy diet.

A workshop demonstrating healthy food was held for school adolescents. 285 adolescent students were trained in nutrition and eating healthy food. Their knowledge was tested in a pre and post-tests survey.

Also, two nutrition rallies were held with nearly 14 700 and 18 500 people attending.

2

Child Aid Bakenberg

Humana People to People South Africa received a grant of USD 10 000 in 2017 from Humana People to People Foundation, as funding for the project Child Aid Bakenberg. The grant complements funding from Department of Health, the private sector, the National Lottery and other Humana People to People organisations.

Child Aid Bakenberg was initiated in 2006 in the Waterberg District of Limpopo Province, South Africa, aiming to create a healthy environment for children from disadvantage backgrounds through interventions focused on health, economic strengthening and food security. The project has over the years become a reliable centre where the local community can meet and together find solutions concerning its children and youth.

Most of the set goals for 2017 were achieved, benefitting more than 11 000 people and resulting in a positive impact on the lives of vulnerable communities.

Some of the main achievements in 2017 were:

4 662 people of which 3 116 were women and 1 546 men were reached through door to door home visits with information on income generating programs. They got skills in sewing to start their own projects. 28 vegetable gardens were established enabling the community to better provide for their families and sell the surplus for income.

To promote health and hygiene, 4 019 people were reached by Home Based Care Givers through door to door visits with interventions on prevention and living with HIV and other chronic diseases such as tuberculosis and encouraged to form support groups of three so as to support each other and ensure adherence to HIV and TB drugs.



3

Empowering vulnerable women through Community Development Projects in India

Humana People to People Foundation supported Humana People to People India (HPPI) with a grant of USD 18 000 in 2017 which funded the Community Development program (CDP). The grant complemented funds from Indian government, private business, foundations and funding from other Humana People to People organisations.

HPPI is implementing the CDP program in the states of Haryana, Uttar Pradesh and Delhi. The program aims to improve the social, economic and environmental conditions of women and youths in rural areas and urban slums of India. It is being implemented across 9 lines of activities, with much focus on empowering women and young girls, thus contributing to closing the gender gaps. India ranks 131 on the UNDP 2017 world gender inequality index.

Main activities included formation of action and self-help groups; training financial literacy and skills; planning for and carrying out various health interventions; assisting out-of-school children; giving lessons to people of all ages about basic legal and civil rights and linking up to available governmental schemes, and conducting actions and lessons about environment.

Some examples of the activities were:

1 363 women were organized into 76 Women Action Groups and Self Help Groups. In these groups women participate in skills development trainings and strengthen their knowledge base on issues of hygiene, health and education. All women in these groups are involved in money lending, literacy classes and cleanliness enabling them to start up small enterprises.

728 women received skill training, of which 345 women were trained in sewing and as beauticians. This has seen rural women starting their small enterprises and some getting employed.

Under the line of health, over 700 women participated in 12 major immunization campaigns where pregnant women and children were vaccinated for measles, BCG, Diphtheria and other diseases. 258 need-based health camps were organized to provide medical assistance to the underprivileged population benefiting 13 117 community people with free medication and health information. 715 women participated in the 14 nutrition sessions about healthy cooking and consumption. This was supplemented by establishing 436 vegetable gardens.

The program organized 48 legal awareness sessions reaching out to 950 people in the community to communicate the legal rights to women, girls and children. The major rights discussed in the sessions were child rights, domestic violence, rights of senior citizens, and the property act.



FINANCIAL SUMMARY 2017

	2017	2017	2016	2016
	USD	CHF	USD	CHF
INCOME				
Contributions received	500.000	492.305	400.000	393.959
Financial income	3.160	3.111	-	-
TOTAL INCOME	503.160	495.416	400.000	393.959
EXPENSES				
Expenses for projects				
Community Development	(43.500)	(42.831)	(143.000)	(140.841)
Promoting health and fighting diseases	(327.000)	(321.967)	(199.000)	(195.995)
Education	(55.000)	(54.154)	-	-
Total expenses for projects	(425.500)	(418.952)	(342.000)	(336.836)
Development & Administration expenses				
Staff expenses	(5.619)	(5.533)	(5.622)	(5.538)
General Admin & Development expenses	(42.606)	(41.950)	(33.409)	(33.012)
Total Development & Administration expenses	(48.225)	(47.483)	(39.031)	(38.550)
Financial expenses	(2.365)	(2.329)	(4.599)	(4.529)
TOTAL EXPENSES	(476.090)	(468.763)	(385.630)	(379.915)
RESULT FOR THE YEAR	27.070	26.653	14.370	14.044
ASSETS				
CURRENT ASSETS				
Cash and cash equivalents	130.791	127.613	103.721	105.640
TOTAL CURRENT ASSETS	130.791	127.613	103.721	105.640
NON CURRENT ASSETS				
Financial assets	408	405	408	405
TOTAL NON CURRENT ASSETS	408	405	408	405
TOTAL ASSETS	131.199	128.018	104.129	106.045
LIABILITIES AND CAPITAL				
CURRENT LIABILITIES				
Accrued liabilities	6.455	6.298	6.455	6.574
TOTAL CURRENT LIABILITIES	6.455	6.298	6.455	6.574
CAPITAL				
Capital contribution	55.218	50.000	55.218	50.000
Currency translation adjustment	-	4.474	-	8.879
Retained earnings :				
- brought forward from previous year	42.456	40.592	28.086	26.548
- result for the year	27.070	26.653	14.370	14.044
TOTAL CAPITAL	124.744	121.719	97.674	99.471
TOTAL LIABILITIES AND CAPITAL	131.199	128.018	104.129	106.045

FACTS ABOUT HUMANA PEOPLE TO PEOPLE FOUNDATION

Objectives:	The Foundation's purpose is to contribute to development projects and charitable activities worldwide, in particular programs and projects undertaken by "The Federation for Associations connected to the International HUMANA PEOPLE TO PEOPLE Movement "(FAIHPP) or by any other member organization of "FAIHPP" such as assistance in the case of emergency and disaster, development, protection of the natural habitat, research and innovation.
Physical address:	20, chemin du Velours 1231 Conches – Geneva Switzerland
E-mail:	administrator@humana-foundation.org
Telephone:	+41 22 346 09 64
Website:	www.humana-foundation.org
Established date:	29 August 2013
Registration:	Geneva Register of Commerce no: CHE -159.041.999
Approvals:	Approved by the Federal Supervisory Board for Foundations, Register number 5634
Tax status:	Tax exempt from both Federal tax as well as Cantonal and Communal tax
Composition of the Committee	<ol style="list-style-type: none">1. Annemette Møller, chairman2. Jesper Wohler, vice chairman3. Lise-Lotte Sørensen, secretary4. James Klein, member5. Kaare Dahne, member
Auditor:	Berney & Associés SA Société Fiduciaire Rue du Nant 8, 1207 Geneva, Switzerland
Lawyers:	Gros & Waltenspühl Rue Beauregard 9, 1204 Geneva, Switzerland

